

Head Start Early Learning Outcomes Framework

Emotions and Empathy Kit

Head Start Central Domains					
	Approaches to Learning	Social and Emotional Development	Language and Literacy	Cognition	Perceptual, Motor, and Physical Development
Preschool	X	X	X		X

Approaches to Learning

- **Goal P-ATL 1.** Child manages emotions with increasing independence.
- **Goal P-ATL 4.** Child manages actions, words, and behavior with increasing independence.
- **Goal P-ATL 5.** Child demonstrates an increasing ability to control impulses.
- **Goal P-ATL 6.** Child maintains focus and sustains attention with minimal adult support.
- **Goal P-ATL 7.** Child persists in tasks.
- **Goal P-ATL 9.** Child demonstrates flexibility in thinking and behavior.
- **Goal P-ATL 12.** Child expresses creativity in thinking and communication.

Social and Emotional Development

- **Goal P-SE 1.** Child engages in and maintains positive relationships and interactions with adults.
- **Goal P-SE 3.** Child engages in and maintains positive interactions and relationships with other children.
- **Goal P-SE 4.** Child engages in cooperative play with other children.
- **Goal P-SE 5.** Child uses basic problem-solving skills to resolve conflicts with other children.
- **Goal P-SE 6.** Child expresses a broad range of emotions and recognizes these emotions in self and others.
- **Goal P-SE 7.** Child expresses care and concern toward others.
- **Goal P-SE 8.** Child manages emotions with increasing independence.
- **Goal P-SE 9.** Child recognizes self as a unique individual having own abilities, characteristics, emotions, and interests.
- **Goal P-SE 10.** Child expresses confidence in own skills and positive feelings about self.
- **Goal P-SE 11.** Child has sense of belonging to family, community, and other groups.

Language and Communication

- **Goal P-LC 1.** Child attends to communication and language from others.
- **Goal P-LC 2.** Child understands and responds to increasingly complex communication and language from others.
- **Goal P-LC 4.** Child understands, follows, and uses appropriate social and conversational rules.
- **Goal P-LC 6.** Child understands and uses a wide variety of words for a variety of purposes.
- **Goal P-LIT 5.** Child asks and answers questions about a book that was read aloud.

Perceptual, Motor, and Physical Development

- **Goal P-PMP 3.** Child demonstrates increasing control, strength, and coordination of small muscles.